



Active Ageing Australia®
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Media Release

The President of Active Ageing Australia®, Mr Bob Barnard has announced, after an extensive recruitment process, that Mrs Ruth Brunt (B. Appl. Sc. (Physiotherapy); Dip. of Business) has been appointed as the Executive Officer, commencing duties in January, 2010.

“We are exceptionally pleased with this appointment that will enhance our focus on health and the role of physical activity in ageing”, Mr Barnard said.

Ruth Brunt’s recent appointments to a number of professional positions of relevance to Active Ageing Australia®, have included:

- the Primary Prevention Program Manager, Ambulatory and Primary Health Care Directorate, at Central Northern Adelaide Health Service (SA Health)
- the Program Manager of ABHI (Australian Better Health Initiative), CNAHS, (SA Health)
- the Program Manager Ageing (Health Promotion and Falls Prevention) Primary Health Care Directorate, Central Northern Adelaide Health Service
- the Falls Prevention Project Coordinator of the “Best Foot Forward” project

A qualified Physiotherapist, Mrs Brunt brings exceptional technical and management expertise to the Executive Officer position that will drive the organisation in the coming years to address the issues of ageing with a focus on physical activity. She has a background in the Health Promotion and Aged Care domains through her previous roles as a Manager and practising Physiotherapist.

“I look forward to the future challenges of this position that involve the development and delivery of a great range of Active Ageing Australia® products and services and the realisation of the many and varied opportunities in the area of ageing for the community”, Mrs Brunt said.

Active Ageing Australia® - enhancing positive ageing experiences...

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